Professionalism Workshop

1. Introduction
   a. How instructors got involved; our own personal interests and background in this topic
   b. Professionalism is to some degree context-based, but there are also constants
      i. Classroom
      ii. Sorority
      iii. What other jobs have you worked at?
   c. Why should you be professional?
      i. As student
         1. research
         2. references
         3. internships
      ii. As working professional
         1. respect
         2. safety of boundaries
         3. pay increases
         4. referrals
   d. For some, professional behavior comes intuitively, for some it must be learned (often depends on previously accepted behaviors)
   e. Definitions of professional behavior sometimes arouse anger/rebellion. It is important to be able to discuss these feelings openly. Sometimes, one must adapt, sometimes one’s views result in change.
   f. Professionalism is often less the appearance or behavior than it is the underlying stance/view of the world. (e.g., in some contexts, informal clothes are worn, but an internal view of boundaries must be maintained)
   g. Often the challenge is that you may not feel confident
   h. Ethical behavior is also a big part of professionalism
      i. Not fabricating data
      ii. Not showing favoritism
      iii. Not submitting papers to several journals

2. Discussion—what is professionalism? (try and include full list)
   a. Small group discussion
      i. Meeting deadlines
      ii. Coming to class
      iii. Respectful interactions
      iv. Clear, direct communication
      v. Appearance
      vi. Responding to emails
      vii. Participating in group projects-Responsibility
      viii. Not monopolizing
      ix. Not belittling
      x. Not answering for others
      xi. Paying attention
   b. Come back to larger group discussion

3. How do you earn respect?
4. How professional do you consider yourself (self-rating)
5. Sticky situations—how would you handle this?