 

### You have any questions about cystic fibrosis

### You did not understand something at your appointment

### Your child’s breathing is worse or he/she coughs more than usual

### Your child has not had a bowel movement in 24 hours

### Your child is not gaining weight

### You cannot get your child’s medicine

### You cannot keep your appointment

### Appointments are scheduled on Tuesdays at the Medical Plaza building on Archer Rd.

### Children with CF are scheduled on a specific Tuesday of the month, based on the bacteria they grow. This helps prevent transmission of new organisms to patients.

### If you aren’t able to keep an appointment, it may be a few weeks before you can be rescheduled.

### You will be given your next appointment when you check out.

### **Phone:**

### (352) 273-8380

### **Mailing Address:**

### PO Box 100296

### 1600 SW Archer Rd.

### Ste HD-506

### Gainesville FL. 32610

### <http://pulmonary.pediatrics.med.ufl.edu>

## **Please call if:**

Welcome to the UF Health Cystic Fibrosis Clinic

### **Scheduling**

### CF Care at Home

Treatments can feel like a lot to do, but they make all the difference. Remember that:

* Doing airway clearance each day keeps your child’s lungs clear. This prevents infections and keeps lungs healthy.

* Children do best if they have a consistent daily treatment routine.
* Nutrition is key: Children with higher weights have better lung function.
* Smoking worsens your child’s CF.

At Your Appointment

Our CF Center works hard to prevent transmission of organisms (bacteria) between people with CF

* Children with CF will be given a mask when they check in and should use this whenever they are in the waiting room or hallway.
* When CF team members come in to the exam room they will be dressed in a clean gown and gloves which they will remove before they leave. This prevents carrying bacteria from room to room.

### We take pride in our care. Clinic appointments take about two hours. Families see a full interdisciplinary team including a physician, nurse, nutritionist, respiratory therapist, social worker and clinical psychologist.

### Your family is an important part of the team. You know your child well and will provide most of his or her care at home. We value your expertise and look forward to partnering with you. Please call us whenever you have questions.

“The Division uses a team approach and partners with families to provide comprehensive care.”

### What is Cystic Fibrosis?

### Cystic fibrosis is an inherited chronic illness that affects the lungs and digestive systems of about 30,000 children and adults in the United States and 70,000 people worldwide.

### In CF the body develops unusually thick, sticky mucus. This mucus congests the lungs and leads to periodic lung infections. The mucus blocks the body’s pancreatic enzymes so they can’t help the body break down and absorb food.

### Doing prescribed treatments (airway clearance, nebulized and oral medications, enzymes) every day will help your child live a longer and more fulfilling life